

# Stand Up Sit Down Game

INSTRUCTIONS: EVERYONE STANDS UP. MOM-TO-BE OR THE HOST STARTS TO READ THE INSTRUCTIONS BELOW. BASED ON WHAT SHE READS, PEOPLE WILL START TO SIT DOWN. CONTINUE READING UNTIL THERE IS ONE PERSON STANDING - THAT PERSON IS YOUR WINNER. IF MORE THAN ONE PERSON REMAINS STANDING, YOU WILL GO TO THE BONUS ROUND UNTIL ONE WINNER IS LEFT.

1. If you are a red head, please sit down.
2. Please sit down if you are wearing hoop earrings.
3. If you're wearing a jeans, please sit down.
4. If you're related to the mommy-to-be, please sit down.
5. Anyone wearing a watch, please sit down.
6. If you've got a cell phone in your hand, please sit down.
7. The lady in the shortest skirt please sit down.
8. If your name starts with a G, please sit down.
9. If you are also expecting, stand up or remain standing.
10. If you're wearing yellow, please stand up.  
(underwear or hair accessories don't count).
11. If you've ever joined a gym, sit down.
12. If you were married in December, please sit down.
13. If you are unmarried, please sit down.
14. If you have 3 children please stand up or remain standing.
15. But sit down if all your children are boys.
16. If you have blue yes, please sit down.
17. If you are wearing a red or blue dress, sit down.
18. If you have sunglasses on, sit down.
19. Lady with pink nail polish, please sit down.
20. If your birthday is in September, please sit down.
21. If you have a nose ring, please sit down.
22. If your hair is in a ponytail, please sit down.

## BONUS QUESTIONS:

If you're a vegetarian, remain standing.

If you have more than 4 children, remain standing.