New Baby Essentials Checklist

Baby Essentials for Nursery Room

- Crib, a Co-sleeper or Bassinet
- A Firm, Snug-fitting Crib Mattress
  (For baby’s safety and according to the AAP, less than two fingers should fit between mattress and crib)
- Changing Table or Dresser with Changing Table Topper
- Rocking Chair or Glider
- Bookcase and/or Shelving
- Nightlight(s)
- Blackout Shades
- Toy Basket
- Hamper
- Mobile

Baby Essentials for Bedding & Sleeping

- 1-3 Washable Crib Mattress Pads
- 2-4 Fitted Crib Sheets
- 1-3 Crib Mattress Pads or a Crib Mattress Protector
- Mattress Protector
  (for your bed, if you’re co-sleeping)
- Swaddling and Receiving Blankets
- White Noise Machine

Baby Essentials for Diapering

- Changing Pad
- Changing Pad Cover
- Diaper Pail
- Diaper Bag
- Wipes
  (Unscented baby wipes causes less irritation)
- 2-3 Large Boxes Newborn Disposable Diapers
- Diaper Caddy or Tray
- Diaper Cream

If you’re Cloth Diapering, exclude the disposable diapers and wipes, and add:

- Soft Washcloths or Cloth Diaper Wipes
- 10 Diaper Covers + 24 Prefold Diapers;
  OR
  10 Pocket Diapers or All-in-one Diapers
- Diaper Pail Liners
- Diaper Sprayer
- Cloth Diaper Detergent
# New Baby Essentials Checklist

## Baby Essentials for

### Clothing
- No-scratch Mittens
- 1-2 Newborn caps
  (worn indoors if baby is born during cold seasons)
- 4-8 Onesies
  (long sleeved if baby will be born during cold seasons, short sleeved if born during warm seasons)
- 1-2 Sleepsacks
- 4-7 (stay-on) Baby Socks or Booties
  (shoes are unnecessary until baby walks)
- 3-5 Pants
- 1-3 Jackets
  (front buttoned, not pull-over)
- 1-3 Dress-up Outfits
- 1-3 Broad-brimmed Hats
  (for a summer baby)
- 1-3 Soft Hats that Cover Ears
  (for a winter baby)

### Bath
- Infant Bath Tub
- Soft Baby Washcloths
  (If you’re cloth diapering, get a different color or pattern for baby’s bath time)
- Baby Shampoo and Body Wash
- Baby Nail Clippers
- 1-3 Soft Towels or Hooded Baby Towels
- Baby Hairbrush

### Gear & Transportation
- Infant or Convertible Car Seat
- Second Car Seat Base
  (for an additional car)
- Stroller
- Baby Carrier
- Travel Highchair
- Bunting Bag or Fleece Suit for a Winter Baby
- Baby Carrier Cover for a Winter Baby
- Baby Swing or Bouncer
- Portable Playpen with Bassinet
- Playpen Sheet
- Stroller Blanket
- Play Mat
  (for Tummy Time)
- Board Books
New Baby Essentials Checklist

if you're breastfeeding and giving baby breastmilk in a bottle, you’ll need everything above, plus:

- Breast pump
- Hands-free Pumping Bra
- Nursing Pads
  (You can get disposable or cloth nursing pads)
- Nursing Cream
- Nursing Cover
- Nursing Bras
- Nursing Tanks
- Electric or Manual Pump
- Breast Milk Storage bags

Once baby starts solids around 4 months, you will also need:

- 4-8 Bibs
- Highchair
- Food Processor
  (to prepare home-made baby food)
- Baby Food Storage Containers
- Toddler Utensils
- Sippy Cups
New Baby Essentials Checklist

Health & Safety Products

- Cool Mist Humidifier
- Baby Nail Clippers or Baby Nail File
- Baby Thermometer
- Petroleum Jelly and Sterile Gauze
  (for circumcision care)
- Baby First Aid Kit
- Baby Monitor
- Nasal Aspirator
  (snot sucker)
- Smoke and Carbon Monoxide Detector

Before your baby starts crawling, you will need the following items to babyproof your home.

- Baby Gates
- Outlet Covers
- Cabinet Locks and Straps
- Thermometer

Notes and Reminders

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