

Two Year Old Milestones

CHILD'S NAME

CHILD'S AGE

DATE

Social & Emotional Development

Your two year old will likely:

- Copy what adults and children say, and also how they say it;
- Be excited to play with other kids;
- Show independence by doing things by themselves;
- Show defiance and disobey more than before.
- Your two year old will test you by doing things he/she was told not to do;
- Throw tantrums when frustrated;
- Will initially play beside other children, but will gradually play with other children.

- Can kick a ball and throw it overhand;
- Walks up and down the stairs, possibly holding on and/or using alternate feet;
- Stand on their tiptoes;

Fine Motor Skills

- Learn to brush their own teeth and hair;
- May pull their pants up and down;
- Makes or copies straight lines and circles;
- Turn on the faucet, wash hands, flush the toilet;
- Build a block tower;
- Practices with zipping up and snaps.

Physical Development

Gross Motor Skills

- Your toddler can run and jump with both feet;
- Climbs up and down furniture or the playground without any help.
- Pull and carry toys while running or walking;

Language Development

- Can point to things as you name them;
- Knows the names of body parts, everyday objects and familiar people;
- Says 2-4 word sentences;
- Can follow simple instructions;
- Repeat words they hear;
- Can point to things in a book;

