## Two Year Old Milestones

CHILD'S AGE DATE CHILD'S NAME Can kick a ball and throw it overhand: Social & Emotional Development Walks up and down the stairs, possibly holding on and/or using alternate feet; Your two year old will likely: Stand on their tiptoes; Copy what adults and children say, and also how they say it; Fine Motor Skills Be excited to play with other kids; Learn to brush their own teeth and hair: Show independence by doing things by themselves: May pull their pants up and down; Show defiance and disobey more than Makes or copies straight lines and before. circles: Your two year old will test you by doing Turn on the faucet, wash hands, flush things he/she was told not to do; the toilet: Throw tantrums when frustrated: Build a block tower: Will initially play beside other children, Practices with zipping up and snaps. but will gradually play with other children. Language Development Physical Development Can point to things as you name them; Gross Motor Skills Knows the names of body parts, everyday objects and familiar people; Your toddler can run and jump with both feet: Says 2-4 word sentences; Climbs up and down furniture or the Can follow simple instructions; playground without any help. Repeat words they hear; Pull and carry toys while running or Can point to things in a book; walking;

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## Cognitive Development

Do 3-4 piece puzzles;

Find hidden things.



Toward the end of the second year, most 2-year-olds are able to do:

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	Name items in a picture book, like cat, dog, bird;
	Can follow two-step instructions, like: "pick up the pencil and place it in the drawer."
	May use one hand more than the other;
	Builds block towers of 4 blocks or more;
	Plays simple make-believe and pretend plays;
	Group shapes and colors;
	Can complete sentences and rhymes of familiar nursery rhymes or songs;

As parents, we want to be sure that our children are developing as they are supposed to. That's why there are developmental milestones. It tells us how our child is supposed to play, learn, speak and act - as compared with other children their age. The 2 year old milestones indicate the things most children can do by this age.

Notes and Reminders